



Registration Form
BECOMING AN OUTDOORS WOMAN

Easter Seal Camp, Winfield - May 22 - 24, 2009

Only one person may register per form. Please photocopy for additional applicants.

PLEASE PRINT CLEARLY

Name: _____

Address: _____

City/Province: _____ Postal Code: _____

Phone: Day () _____ Evening: () _____

Email: _____

Choose 10 courses, numbering from 1 - 10, (1 most preferred - 10 least preferred). You will be taking 4 courses during the weekend. Early registrations will have the best chances for their first choices. Changes cannot be accommodated after you have received your course confirmation letter.

- ATV Riding & Safety ___ Modern Trapping in BC ___ Outdoor Cooking ___ Stream Stewardship
___ Beginner Fly Fishing ___ Rifle Marksmanship ___ Boat/Motor & Trailer ___ Archery
___ Outdoor Ethics ___ Outdoor Photography ___ Build a Birdhouse ___ Beginner Trap Shooting
___ Wilderness Survival ___ Boat Safety Certification ___ Bear/Cougar/Rattlesnake/Tick Awareness
___ Chainsaw/Axe Handling ___ Managing Aggressive Persons

PAYMENT MUST ACCOMPANY REGISTRATION
Registration Limit: 85 Women on a First Come - First Serve Basis

Registrations will not be accepted by telephone or without payment.
Fax and Mail ONLY - Registration Deadline May 11, 2009 or when full.

Workshop Fee: Includes instruction in all 4 sessions, program materials, use of equipment, meals, lodgings and a Becoming an Outdoors Woman T-shirt.

\$215.00 BCWF Members Enclosed \$ _____ Member No. _____

\$250.00 Non Member Enclosed \$ _____

\$125.00 Scholarship Fee Enclosed \$ _____ (Accompanied by application for Scholarship)

MasterCard/Visa/American Express No. _____ Expiry Date: _____

Signature: _____

The applicant attests that she is 19 years of age or older and by signing below recognizes that the program involves some risk and that she takes responsibility for any action or injury that may result by participating. Signature _____

Send Completed Registration Form and Fee to:
Becoming an Outdoors Woman Program, BCWF
#101 - 3060 Norland Ave
Burnaby, B.C. V5B 3A6
Phone 604-291-9990 Fax 604-291-9933
Toll Free in BC 1-888-881-2293
Make cheque payable to BC Wildlife Federation

Please ensure you read and complete both front and back of this Registration Form.

Cancellation Policy:

A full refund will be sent to you upon written cancellation notice up to 45 days prior to the BOW weekend.

* See reverse for additional details.



Name: _____

Medical Info: Please list any medical conditions, allergies, food requirements etc that we should be aware of that might affect your participation in the program or our menu planning.

B.C. Medical # _____ Birth Date: (year and month only) _____

Emergency Contact Person: _____ Ph. No. _____

General Information:

I am able to drive others to and from camp Yes _____ No _____

I am a repeat BOW participant Yes _____ No _____

I would like to room with _____

Where did you hear about BOW? _____

T-Shirt Size (circle one) Small Medium Large X Large XXLarge XXXLarge

Waiver: I understand that photographs, video or TV coverage may be taken during sessions and may be used in future support of the program.

Signature: _____ Date: _____

Cancellation: If you cancel at least 45 days prior to the BOW weekend you will receive a full refund. Cancellation 15-45 days prior to the weekend will have a \$35. administration fee deducted from your refund. No refunds will be issued less than 15 days prior to the scheduled BOW weekend except in the case of a proven emergency. Registrants who do not attend and have not cancelled 15 days in advance will forfeit the full registration fee. You may send a substitute in your place if you cannot attend.

***Scholarships:** A limited amount of funding is available for first time participants who find the registration fee difficult to raise. Send your written request outlining the need to the BCWF office along with the \$125. registration fee. Preference will be given to full time students and single parents. Successful applicants will be notified by phone. All requests will remain confidential.

Firearm Safety: will be held on Friday evening and is a pre-requisite for all shooting courses unless you have a Possession and Acquisition License (PAL) or have attended a previous BOW Firearms Safety Course. Indicate the BOW weekend (when and where) you took the Firearms Safety Course _____ and/or provide your PAL # _____ You will be required to show your PAL at the time of registration at the camp. Anyone wishing a refresher course is welcome to attend this class. All shooting and archery equipment will be supplied, DO NOT bring your own.

Lodgings: Accommodation is in cabins or lodges, bedding is not provided; please bring your own bedding and towels. Buildings are a smoke-free environment, smoking is restricted to designated outside areas. Upon receipt of your completed registration, you will be sent a written confirmation and information package.

Firearm Safety Course will be given on Friday evening and is mandatory for all shooting courses unless you have a Possession and Acquisition License (PAL) or have attended a previous BOW Firearms Safety Course. This course will cover the basics of: firearms safety, gun handling, how to check if a firearm is loaded, and how to safely store and transport a firearm.

Beginner's Trap Shooting – Enjoy the thrill of breaking your first clay target and watch it turn to dust. This exciting hands-on course specifically for beginners will also challenge participants with limited shooting experience; it is a fun and rewarding course giving you the self-confidence in your ability to shoot. Topics covered will include safe handling of shotguns, how to hold a shotgun, track a clay target and hit it.

Archery – This course will teach you about the basic simple archery equipment, safety and form to start you on your way into the exciting world of archery. There will also be a demonstration of some of the higher tech, more involved equipment and a short seminar on the basics of bow hunting. You will get lots of practice!

Rifle Marksmanship – Learn the fundamental skills in handling firearms - how to position the firearm, sight your target and the trigger control and breathing that will help build your confidence and success in hitting your target. You will have lots of opportunity to try your new skills!

Bear/Cougar/Rattlesnake/Tick Awareness – This course will teach you how to handle confrontational issues with Bears, Cougars, Rattlesnakes and ticks in the wild. Combines a video presentation along with instructor lecture and handouts.

Wilderness Survival – This course is designed to meet the needs of those going into the backcountry either for a short walk or for an extended period of time. Discusses the importance of pre-planning your outing. Will include: survival pack demonstration, fire craft, shelter construction, signals and much more....

Modern Trapping in BC – Learn the history of Trapping in BC. Learn about the tools of the trade with demonstrations. Includes construction of simple sets and skinning demonstrations with student participation encouraged in this exciting hands-on course.

Beginner Fly Fishing – In this course you will get the basics of fly fishing, which will cover equipment basics; knots; fly lines; rods/reels; dry flies; wet flies; basic entomology; lake and river tactics; pontoon boats, float tubes, multi personal craft (and how to use each); how to read the water and much more as time allows.

Boat Safety Certification – This course will take beginners through the basics, allowing you to concentrate on safely enjoying the sport with an awareness of safety for both yourself and other water users. At the end of the course if you would like to write the exam and receive your Pleasure Craft Operating Card, there will be a cost of \$48.15 payable to the instructor for the exam and certificate.

Stream Stewardship – A Hand's on Approach – Come learn the A-B-C's of stream stewardship from an actual project in progress. Bring rubber boots.

Outdoor Photography – Tired of coming home with what you thought was a great picture, just to find it out of focus, poor color quality, too dark or too light? Learn helpful hints to achieve high quality pictures. Bring your camera.

Boat/Motor & Trailer – Learn to drive with a trailer attached to your vehicle, learn proper backing up procedures and how to properly maneuver a trailer into a parking spot, boat launch etc.

Managing Aggressive Persons – This course will provide you with the ability to easily recognize the signs of imminent threat from aggressive persons and learn effective defense techniques to remove yourself from a physical attack wherever you may be. Wear comfortable clothes.

ATV Riding & Safety – This course will introduce you to safe riding of ATV's in the back country, gain knowledge and confidence to go out and enjoy the outdoors on an ATV.

Basic Woodworking – Build a Birdhouse - A hands on course, that will introduce you to some basic tools and how to use them to create your very own birdhouse!!

Outdoor Cooking – Introduction to Dutch oven cooking over a campfire. Enjoy your outdoor cooking experience by learning the basic cooking techniques, tips and share some tasty recipes to try on your next outing.

Outdoor Ethics – Learn about the standards of ethics and respectful relationships between yourself, your companions, the wildlife and the other outdoor users and how they enhance outdoor experiences for everyone

Chainsaw/Axe Handling & How to Build a Fire – Learn how to maintain and safely use a chainsaw for cutting wood. Also included is the safe handling and sharpening of an axe and the proper way of splitting wood and then how to build a fire

